

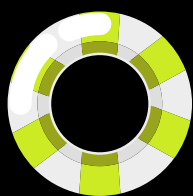


OKITONIC

HORARIOS

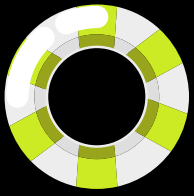
NUEVO

julio



# OKINAWA CLASES GRUPALES

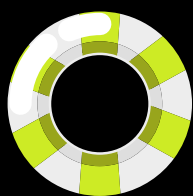
	L	M	X	J	V	S
8:00	EN. FUNCIONAL		EN. FUNCIONAL		EN. FUNCIONAL	
8:30		BODYTONIC PILATES		BODYTONIC PILATES		
9:15	GAP		GAP		GAP	EN. FUNCIONAL
9:30	OKIFITBOX	TRX	OKIFITBOX	TRX		
10:00	PILATES	OKIFITBOX	PILATES	OKIFITBOX	PILATES	
11:00	HIIT CIRCUITOS	BALLETONIC	HIIT CIRCUITOS	BALLETONIC		
11:30		ESPALDA SANA		ESPALDA SANA		
14:15		EN. FUNCIONAL		EN. FUNCIONAL		
<hr/>						
18:30	MOBILITY		MOBILITY			
18:45		BODYTONIC		BODYTONIC		
21:00		OKIFITBOX		OKIFITBOX		



# OKITONIC MONITOR SPINNING

	L	M	X	J	V	S
8:00						
9:30						
10:30						
11:00						
14:15						
<hr/>						
19:30						
20:00						

*\*Las horas libres se darán de manera VIRTUAL.*



# OKINAWA ARTES MARCIALES

	L	M	X	J	V
10:30	BOXEO	BOXEO	BOXEO	BOXEO	
18:30		BOXEO JUVENIL		BOXEO JUVENIL	
19:00					
19:30	KICK BOXING JUVENIL KARATE	MUAY THAI	KICK BOXING JUVENIL KARATE	MUAY THAI	KARATE
20:00		BOXEO		BOXEO	
20:30	BOXEO KICK BOXING		BOXEO KICK BOXING		